

# TEMPLE FILLER

## Complications & Red Flags – Quick Reference Card

### COMMON & EXPECTED

- Mild-to-moderate swelling to eyelids
- Tenderness
- Erythema
- Bruising
- Temporary asymmetry

🕒 *Usually self-limiting within 7–14 days*

### EARLY COMPLICATIONS

- Overcorrection / poor aesthetic outcome
- Filler migration
- Tyndall effect (bluish discoloration)
- Persistent pain

» *Usually self-limiting within 7–14 days*

### VASCULAR OCCLUSION ⚠️ (MEDICAL EMERGENCY)

#### Signs & Symptoms

- Immediate or severe pain
- Blanching or livedo reticularis
- Dusky, grey, or mottled skin
- Delayed capillary refill
- Cold skin

» *Usually self-limiting within 7–14 days*

### VASCULAR OCCLUSION ⚠️ (MEDICAL EMERGENCY)

#### Management

- STOP injecting immediately
- High-dose hyaluronidase
- Middle temporal artery
- ⚠️ *Temples = high-risk area. Advanced anatomy knowledge essential.*

### VISION LOSS ⚠️⚠️ (RARE BUT CATASTROPHIC)

#### Signs

- Sudden visual disturbance
- Blanching or livedo reticularis
- Dusky, grey, or mottled skin
- Delayed capillary refill
- Cold skin

### VISION LOSS ⚠️⚠️ (RARE BUT CATASTROPHIC)

#### Signs

- Sudden visual disturbance
- Blurred or lost vision
- Eye pain
- Ptosis / ophthalmoplegia

### LATE COMPLICATIONS

- Granuloma formation
- Delayed inflammatory reactions
- Biofilm / infection
- Fibrosis

⚠️ *Temples = high-risk area. Advanced anatomy knowledge essential.*

### RISK REDUCTION

- Aspirate (with awareness of limitations)
- Use minimal volumes
- Slow, low-pressure injections
- Cannula where appropriate
- Continuous patient communication
- Emergency kit immediately available.

### DOCUMENTATION

- ✓ Informed consent
- ✓ Risks explained (including blindness)
- ✓ Batch numbers recorded