

# NON-SURGICAL RHINOPLASTY (NOSE FILLER)

## Complications & Red Flags – Quick Reference Card

### COMMON & EXPECTED

- Mild swelling
- Tenderness
- Erythema
- Bruising
- Temporary asymmetry

🕒 Usually self-limiting within 7-14 days

### EARLY COMPLICATIONS

- Overcorrection/ poor aesthetic outcome
- Filler migration
- Tyndall effect (bluish discoloration)
- Persistent pain

» Usually self-limit-within 7-14 days

### VASCULAR OCCLUSION ⚠️ (MEDICAL EMERGENCY)

#### Signs & Symptoms

- Immediate or severe pain
- Blanching or livedo reticularis
- Dusky, grey, or mottled skin
- Delayed capillary refill
- Cold skin

### RISK REDUCTION

- Aspirate (with awareness of limitations)
- Use minimal volumes
- Slow, low-pressure injections
- Cannula where appropriate
- Continuous patient communication
- Emergency kit immediately available

### VISION LOSS ⚠️⚠️ (RARE BUT CATASTROPHIC)

#### Signs

- Sudden visual disturbance
- Blanching or livedo reticularis
- Dusky, grey, or mottled skin
- Delayed capillary refill
- Cold skin

» STOP injecting immediately

- High-dose hyaluronidase
- Warm compress
- Massage
- Aspirin (if not contraindicated)

⚠️ Urgent escalation if no improvement

### LATE COMPLICATIONS

- Granuloma formation
- Delayed inflammatory reactions
- Biofilm / Infection
- Fibrosis

### HIGH-RISK ANATOMY

- Dorsal nasal artery
- Angular artery
- Supratrochlear & supraorbital arteries

⚠️ Nose = high-risk area. Advanced anatomy knowledge essential.

### DOCUMENTATION

- Informed consent
- Risks explained (including blindness)
- Batch numbers recorded
- Aftercare provided

