

# LIP FILLER

## Complications & Red Flags – Quick Reference Card

### COMMON & EXPECTED

- Mild-to-moderate swelling
- Tenderness
- Erythema
- Bruising
- Asymmetry

🕒 *Usually self-limiting within 7-14 days*

### EARLY COMPLICATIONS

- Overcorrection/poor aesthetic outcome
- Filler migration
- Tyndall effect (bluish discoloration)
- Persistent pain

🕒 *Usually self-limiting within 7-14 days*

### VASCULAR OCCLUSION ⚠️ (MEDICAL EMERGENCY)

#### Signs & Symptoms

- Immediate or severe pain
- Blanching or livedo reticularis
- Dusky, grey, or mottled skin
- Delayed capillary refill
- Cold skin

» *Usually self-limiting within 7-14 days*

### VASCULAR OCCLUSION ⚠️ (MEDICAL EMERGENCY)

#### Signs & Symptoms

- STOP injecting immediately
- High-dose hyaluronidase
- Warm compress
- Massage

### VISION LOSS ⚠️⚠️ (RARE BUT CATASTROPHIC)

#### Signs

- Sudden visual disturbance
- Blanching or livedo reticularis
- Dusky, grey, or mottled skin
- Delayed capillary refill
- Cold skin

### VISION LOSS ⚠️⚠️ (RARE BUT CATASTROPHIC)

#### Signs

- Sudden visual disturbance
- Blurred or lost vision
- Eye pain
- Ptosis / ophthalmoplegia

### LATE COMPLICATIONS

- Granuloma formation
- Delayed inflammatory reactions
- Biofilm / infection
- Fibrosis

### HIGH-RISK ANATOMY

- Superior labial artery
- Inferior labial artery
- Superior and inferior labial nerves

### RISK REDUCTION

- Aspirate (*with awareness of limitations*)
- Use minimal volumes
- Slow, low-pressure injections
- Cannula where appropriate
- Continuous patient communication
- Emergency kit immediately available