

CHIN FILLER

Complications & Red Flags – Quick Reference Card

COMMON & EXPECTED

- Mild swelling
- Tenderness
- Erythema
- Bruising

🕒 *Usually self-limiting within 7-14 days*

EARLY COMPLICATIONS

- Overcorrection / poor aesthetic outcome
- Filler migration
- Tyndall effect (bluish discoloration)
- Persistent pain

🕒 *Usually self-limiting within 7-14 days*

VASCULAR OCCLUSION ⚠️ (MEDICAL EMERGENCY)

Signs & Symptoms

- Immediate or severe pain
- Blanching
- Dusky, grey, or mottled skin
- Persistent pain

🕒 *Usually self-limiting within 7-14 days*

VASCULAR OCCLUSION ⚠️ (MEDICAL EMERGENCY)

Signs & Symptoms

- Immediate or severe pain
- High-dose hyaluronidase
- Warm compress
- Massage
- Aspirin (if not contraindicated)
- ⚠️ *Urgent escalation if no improvement*

VISION LOSS ⚠️⚠️ (RARE BUT CATASTROPHIC)

Signs

- Sudden visual disturbance
- Blanching or livedo reticularis
- Eye pain
- Ptosis / ophthalmoplegia

LATE COMPLICATIONS

- Granuloma formation
- Delayed inflammatory reactions
- Biofilm / infection
- Fibrosis

HIGH-RISK ANATOMY

- Mental foramen
- Submental artery
- ⚠️ *Chin = high-risk area. Advanced anatomy knowledge essential.*

RISK REDUCTION

- Aspirate (with awareness of limitations)
- Use minimal volumes
- Slow, low-pressure injections
- Cannula where appropriate
- Continuous patient communication
- Emergency kit immediately available

DOCUMENTATION

- ✓ Informed consent
- ✓ Risks explained (including blindness)
- ✓ Batch numbers recorded
- ✓ Aftercare provided

